

TERMS & CONDITIONS

Last updated: 2026

These Terms and Conditions describe the agreement between you (“the Client”) and Zsófia Vasi, micro-entrepreneur, registered in France (SIRET: 84891369500039), operating from Saint-Jeoire, France.

They apply to all services offered through www.zsofiavasi.com, including online and in-person sessions, consultations, workshops, and related services.

By booking a session or using the services provided by Zsófia Vasi, you confirm that you have read, understood, and agreed to these Terms and Conditions.

If you are unable or unwilling to agree to these terms and conditions, you should neither book nor continue with your course of sessions.

1. Scope of Services

Zsófia Vasi provides professional services including hypnosis sessions, Rapid Transformational Therapy® (RTT®), consultation calls, follow-up or integration sessions, and other personal development services such as workshops or group sessions.

These services are intended to support self-understanding, personal awareness, and behavioural changes.

They are not medical, psychological, or psychiatric treatment, and should not be considered a substitute for professional healthcare.

2. Clarity & Connection Call

All new clients begin with an **initial consultation call** of approximately 40 minutes.

The purpose of this call is to discuss what you are experiencing, explain how the process works, and determine whether the work feels appropriate for both parties.

This conversation allows us to ensure that the services offered are suitable for your situation before any sessions are scheduled.

No hypnosis or therapeutic intervention takes place during this call.

3. Eligibility

Clients must be **18 years of age or older** to participate in sessions.

By booking a session, you confirm that:

- you are at least 18 years old
 - you are entering into this agreement voluntarily
 - the information you provide is accurate and complete
 - you have read and agree to these Terms and Conditions
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4. Booking and Scheduling

Sessions are scheduled by mutual agreement following the initial consultation call.

Appointments are confirmed once the session time has been agreed and payment has been received in accordance with these Terms.

Sessions are currently conducted primarily online.

In-person sessions may also be arranged within the **Haute-Savoie region**, depending on availability and circumstances.

Clients are responsible for ensuring they are available at the scheduled time and for having a stable internet connection and a suitable environment for online sessions.

5. Fees and Payment

All session fees are communicated prior to booking.

Payment must be made **by bank transfer at least 48 hours before the scheduled session** in order to confirm the booking.

If payment has not been received within this timeframe, the session may be cancelled and offered to another client.

An invoice will be issued for all professional services provided.

Payment plans may be available by prior agreement in specific circumstances.

Session fees may be updated from time to time. Any fee changes will not affect sessions that have already been confirmed.

6. Cancellation and Rescheduling

Clients may cancel or reschedule a session by providing **at least 48 hours' notice** prior to the scheduled session time.

Cancellations made with less than 48 hours' notice will be charged in full.

If a client arrives late for a scheduled session, the session will still end at the originally agreed time.

If Zsófia Vasi needs to reschedule a session, reasonable notice will be provided and an alternative appointment time will be arranged.

7. Refund Policy

Session fees cover the practitioner's time, preparation, and professional expertise, as well as the reservation of the scheduled appointment time.

For this reason:

- no refunds are issued for sessions that have already taken place
 - missed sessions or late cancellations are charged in full in accordance with the cancellation policy
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8. Client Responsibility

Clients agree to participate in sessions voluntarily and responsibly.

The effectiveness of any session depends on several factors, including the client's openness, participation, and willingness to engage with the process.

Clients agree to:

- provide accurate and honest information
- communicate any relevant health conditions or changes in circumstances
- participate to the best of their ability in the agreed process

Zsófia Vasi will provide professional support and guidance within the scope of the services described in these Terms.

9. Medical and Psychological Considerations

The services provided are **not a substitute for medical, psychological, or psychiatric treatment.**

Zsófia Vasi is not a licensed physician, psychologist, or medical practitioner. Clients should consult a qualified healthcare professional regarding any medical or mental health concerns.

Clients must inform Zsófia Vasi if they:

- are currently receiving treatment for a mental health condition
- are taking medication that may affect their mental state
- are under the care of a doctor, psychiatrist, psychologist, therapist, or other healthcare professional

Clients are also asked to inform Zsófia Vasi of any **changes to their health or medical circumstances** during the period in which they are working together, or if they return for further sessions after a period of time.

In some situations, clients who are receiving medical or psychological care may be asked to **seek approval from their healthcare professional before sessions can proceed.**

Hypnosis sessions cannot be provided to individuals who:

- have epilepsy
- have experienced psychosis or psychotic episodes

Zsófia Vasi reserves the right to decline, postpone, or discontinue sessions if it is considered inappropriate or unsafe to proceed.

10. Audio Recordings

Following an RTT session, clients **receive a personalised audio recording** designed to support the integration process.

These recordings are provided **for personal use only** and must not be shared, copied, distributed, or sold without permission.

Audio recordings must **not be listened to while driving, operating machinery, or performing any activity that requires full attention.**

11. Communication Between Sessions

Communication between sessions may take place by email or text message.

Messages are typically answered during working hours, and clients should allow **up to two working days** to receive a response.

Communication between sessions is intended for brief practical questions related to the process and does not replace scheduled sessions.

12. Confidentiality

All sessions and communications are treated as confidential. This includes sessions, emails, messages, and any notes taken as part of the professional process.

Confidentiality may be broken only in the following circumstances:

- where you give explicit permission for information to be shared
- where disclosure is required by law or a court order
- where there is a risk of serious harm to yourself or others
- where a child or vulnerable person may be at risk
- where records are requested through a valid legal authority

In some cases, anonymised aspects of a case may be discussed with professional colleagues or used for professional learning or supervision. In such situations, identifying details will always be removed.

Sessions are not recorded unless explicitly agreed in advance.

13. Standards of Behaviour

Sessions are conducted in a respectful and professional environment.

Clients are expected to behave respectfully during sessions and not attend sessions under the influence of alcohol or recreational drugs. Prescribed medication should be disclosed in advance where relevant.

If a client attends a session under the influence of alcohol or recreational drugs, or behaves in a disruptive, aggressive, or inappropriate manner, the session may be terminated. In such cases, the session fee will remain payable and future sessions may be refused.

14. No Guaranteed Outcomes

Each individual responds differently to hypnosis and personal development work.

While many clients experience meaningful insights and positive changes, no specific outcomes or results can be guaranteed. The agreement to work together on a particular issue does not imply or ensure the resolution of that issue.

Zsófia Vasi will apply her professional knowledge, skills, and experience to support the process throughout the sessions.

15. Complaints or Concerns

If you have any concerns regarding a session or the services provided, you are encouraged to contact Zsófia Vasi directly so the matter can be discussed and addressed in a constructive manner.

Efforts will be made to resolve any concerns promptly and professionally.

16. Intellectual Property

All materials provided during sessions, including recordings, written resources, and session content, remain the intellectual property of Zsófia Vasi.

These materials are provided for **personal use only** and may not be copied, reproduced, distributed, shared, or used for commercial purposes without prior written permission.

17. Data Protection

Personal data is collected and processed in accordance with applicable data protection laws, including the **General Data Protection Regulation (GDPR)**.

Further information about how personal data is collected, used, and stored can be found in the **Privacy Policy** available on this website.

By booking a session or using the services provided, you acknowledge that you have read and understood the Privacy Policy.

18. Governing Law

These Terms and Conditions are governed by the laws of France.

Any disputes arising in connection with these Terms shall fall under the jurisdiction of the French courts.

19. Updates

These Terms and Conditions may be updated periodically.

Clients are encouraged to review the most recent version available on the website.
