

Privacy Policy

Last updated: 2026

This Privacy Policy explains how Zsófia Vasi, micro-entrepreneur based in Saint-Jeoire, France (SIRET: 84891369500039), collects, uses, stores, and protects your personal data when you use this website or engage in professional services.

By using this website or booking a session, you agree to the collection and use of information in accordance with this Privacy Policy.

1. Who Is Responsible for Your Data

Data controller:

Zsófia Vasi

Saint-Jeoire, France

Email: zsofia@zsofiavasi.com

Website: www.zsofiavasi.com

2. What Personal Data May Be Collected

Depending on your interaction with this website or services, the following personal data may be collected.

Contact information

- Name
- Email address

- Phone number
- Address (if relevant for invoicing or in-person sessions)

Client information

- Age
- Relevant background information shared during consultation or intake forms (such as relationship status, family background, or personal circumstances)
- Information relating to health, wellbeing, or medication that may affect the suitability of hypnosis or related services
- Emergency contact details or medical professional information where appropriate

This information helps determine whether the services offered are appropriate and safe for the client, and allows the sessions to be conducted responsibly.

Some of this information may include sensitive personal data, which is only collected where necessary for the provision of services and with the client's consent.

Session notes

Brief session notes are taken during or after sessions to maintain a professional record of the work carried out and to support the continuity of the process.

Session recordings or audio materials provided to clients are used solely as part of the professional process.

Website usage data

When visiting the website, certain technical information may be collected automatically, including:

- IP address
- browser type
- pages visited
- time spent on the website

This information helps improve website functionality and user experience.

3. Why Your Data Is Collected

Your personal data may be used for the following purposes:

- responding to enquiries
- scheduling and managing sessions
- providing professional services
- maintaining session records
- communicating regarding appointments or services
- ensuring that the services offered are appropriate and safe for your individual circumstances
- improving the website and services

Certain information shared during consultations or intake forms, including background or health-related information, helps determine whether the services are suitable and allows sessions to be conducted responsibly and with appropriate awareness of the client's situation.

Your personal data will never be sold or used for unethical purposes.

4. Legal Basis for Processing Data

Under the **General Data Protection Regulation (GDPR)**, personal data can only be processed when there is a valid legal basis. The services provided by Zsófia Vasi rely on the following legal bases:

Contractual necessity – Personal data is processed in order to provide the services you request, such as responding to enquiries, scheduling sessions, and conducting professional sessions.

Legitimate interest – Some data is processed in order to manage and improve professional services, maintain records, and communicate with clients in a responsible and organised way.

Consent – In certain cases, personal data is processed because you voluntarily provide information through contact forms, intake forms, or communications, and consent to its use for the purposes described in this policy.

5. How Your Data Is Stored

Reasonable and appropriate measures are taken to protect your personal information and keep it secure.

Personal data is stored in the following ways:

- password-protected computer systems used for professional administration and record keeping
- secure email communication used for appointment coordination and client contact
- locked physical storage for written session notes and client records

Access to this information is restricted to **Zsófia Vasi only**.

Appropriate steps are taken to ensure that personal information is handled securely and protected from unauthorised access, loss, or misuse.

6. How Long Your Data Is Stored

Client records and session notes are retained for the period required by professional insurance and applicable legal obligations, currently **up to 7 years after the last session**.

After this period:

- physical documents are securely destroyed
 - digital information is permanently deleted
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7. Sharing of Personal Data

Your personal information is treated as confidential and will not normally be shared with third parties.

However, information may be disclosed in limited circumstances, including:

- where you have given explicit consent for information to be shared
- where disclosure is required by law or a court order
- where there is a serious risk of harm to yourself or others
- where a child or vulnerable person may be at risk
- where records are requested through a valid legal authority

In some cases, anonymised aspects of a case may be discussed with professional colleagues for supervision, consultation, or professional learning purposes. In such situations, identifying information will not be shared.

8. Your Rights Under GDPR

Under the General Data Protection Regulation (GDPR), you have the right to:

- access the personal data held about you
- request correction of inaccurate or incomplete information
- request deletion of your data where legally possible
- restrict or object to certain types of data processing
- withdraw consent where consent is the legal basis for processing

- request a copy of your personal data in a commonly used format (data portability)

You also have the right to lodge a complaint with your local data protection authority if you believe your data has been processed unlawfully.

Requests regarding your personal data can be made by contacting:

zsofia@zsofiavasi.com

9. Cookies and Website Data

This website uses cookies and similar technologies to ensure the website functions properly and to analyse general website usage.

Cookies are small files stored on your device that help websites operate effectively and improve user experience.

Some cookies may be set by the website itself, while others may be set by third-party services used to support website functionality or analytics.

You can control or disable cookies through your browser settings if you prefer. Please note that disabling certain cookies may affect how the website functions.

10. Links to Other Websites

This website may contain links to external websites operated by third parties.

Zsófia Vasi is not responsible for the content, privacy practices, or policies of those external websites.

Users are encouraged to review the privacy policies of any external websites they visit.

11. Changes to This Privacy Policy

This Privacy Policy may be updated periodically to reflect changes in legal requirements, services, or data practices.

The most recent version will always be available on this website.

12. Contact

If you have any questions regarding this Privacy Policy or how your data is handled, please contact:

Zsófia Vasi

Email: zsofia@zsofiavasi.com

Website: www.zsofiavasi.com